

### **Books**

SuperJoe does not do cuddles by Michael Catchpool

Ten Rules of Being a Superhero by Deb Pilutti

Superfab Saves the Day by Jean Leroy & Berengere Delaporte

Super Hero Dad by Timothy Knapman

Even Superheroes Have Bad Days by Shelly Becker

Do Super Heroes Have Teddy Bears? by Carmela LaVigna Coyle & Mike Gordon

Princess Super Kitty
by Antoinette Portis

### **Other Items**

3 felt finger superhero capes

# **Fingerplays**

### **Counting Superheroes**

5 superheroes ready to fly (holding up five fingers)

Here comes the villain, Stop that guy! (chase with one finger on opposite hand)

This superhero can save the day. (finger on first hand points straight up)

Off he flies - up, up, and away! (Flies away behind the back)

Count down from 4, 3, 2, 1, 0

Source: jbrary.com

## Two Little Superheroes

(Tune: Two Little Blackbirds)

Two little superheroes, Brave and true.

One wears yellow, And the other wears blue.

Fly away yellow! (zip!) Fly away blue! (zap!)

Come back yellow. (whoosh!) Come back blue. (zoom!)

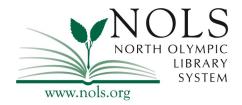
## **Action Songs**

## Superhero, Superhero, Turn Around

Superhero, superhero turn around. Superhero, superhero touch the ground. Superhero, superhero put on your suit. Superhero, Superhero put on your boots. Superhero, Superhero, jump up high. Superhero, Superhero, fly, fly, fly Superhero, Superhero, turn around. Superhero, Superhero, please sit down.

Source: jbrary.com







### **Art Extension**

## Popsicle stick superheroes

Materials Needed: Popsicle sticks Construction paper Crayons/markers Glue Any extras that inspire you...

# Songs

### Superhero

(sung to: Wheels on the Bus)

The Superheroes arms flex and lift.

Flex and lift, flex and lift, The superheroes arms flex and lift, All around the town.

Eyes go zap, zap, zap Legs run very fast Legs jump super high Flies zoom zoom zoom The person in trouble yells Help! Help! Help! The superhero goes to save the day.

Source: jbrary.com

through the sky?

through the sky?

that way and this way

day, twirling around

Source: jbrary.com

hero.

Did You Ever See a Hero?

Did you ever see a hero, a hero, a

Did you ever see a hero, flying

Fly this way and that way, and

Did you ever see a hero flying

Verses: Putting on their cape,

hopping on one foot, saving the

### Directions:

- -Cut out a triangle for a cape, and a small rectangle for the mask.
- -Draw eyes on the mask (googly eyes are fun too...)
- -Color the popsicle stick if desired -Use glue to attach the cape and mask.
- -Fly away to save the day!

Source: <u>gluedtomycraftsblog.com</u>



### **Early Literacy Take Home:**

Playing make-believe with your child helps him or her to explore different roles that they imagine, helping them make sense of the world around them. This in turn helps them make sense of what they read and file it

or just your imagination and pretend to be superheroes saving the day! Not only will you make great memories, but your child will be even more ready to read and learn!

### STEM Extensions

## How could you make your superhero float?

Use everyday materials to build a watercraft that would help your superhero float in a tub of water (or in the bath, etc...) Try aluminum foil, empty plastic food tubs, straws, bubble wrap, pool noodles, or anything else vou think might help an action figure float.

Looking for more ideas? Check out the website below for some imagination stimulation.

Source: http://

inspirationlaboratories.com/how-

to-build-a-boat/

away for future use.

So, go find a cape, a mask, tights,

Questions about this kit? Email youth services staff at youth@nols.org or contact staff at (360) 417-8500 x7705.

www.nols.org