

The Five Senses

Storytime To Go

Books

My Five Senses
Alikì

*I Hear a Pickle: and
Smell, See, Touch, and
Taste It, Too!*
Rachel Isadora

I Feel a Foot
Maranke Rinck

Five for a Little One
Chris Raschka

Rain
Manya Stojic

Big Smelly Bear
Britta Teckentrup

Other Items

6 sensory balls

Fingerplays

Five Senses

Tune: Where is Thumbkin?

Five senses, five senses
We have them. We have them.
Seeing, hearing, touching,
Tasting and smelling.
There are five, there are five.

Source: [Miss Megs Storytime](#)

Here are My Eyes

Here are my eyes, one and two,
I give a wink, so can you.

When they're open, I see the light
When they're closed, it's dark as night.

I have a little body that belongs to me,
I have two ears to hear with and two eyes
to see.
I have a nose for smelling, and a mouth to
eat.
I have two hands to wave at everyone I
meet!

Touch Game

Touch your nose,
Touch your chin;
That's the way this game begins.
Touch your eyes,
Touch your knees;
Now everybody freeze!
Touch your hair,
Touch one ear;
Clap your hands right here,
Touch your elbows
Where they bend;
That's the way this touch game ends.

Source: [Preschooleducation.com](#)

Action Songs

Splendid Senses

Tune: The Bear Went Over the Mountain

My eyes are made for seeing.
My eyes are made for seeing.
My eyes are made for seeing.
So I can SEE my world.

My ears are made for hearing.
My ears are made for hearing.
My ears are made for hearing.
So I can HEAR my world.

My nose is made for smelling.
My nose is made for smelling.
My nose is made for smelling.
So I can SMELL my world.

My mouth is made for tasting.
My mouth is made for tasting.
My mouth is made for tasting.
So I can TASTE my world.

My hands are made for
touching.
My hands are made for
touching.
My hands are made for
touching.
So I can TOUCH my world.

Source: *Miss Meg's Storytime*



Songs

I Use My Five Senses

Tune: The Farmer and the Dell

I use my eyes to see,
I use my eyes to see,
And when I want to see a star,
I use my eyes to see.

I use my nose to smell,
I use my nose to smell,
And when I want to smell a
flower, I use my nose to smell.

I use my tongue my to taste,
I use my tongue to taste,
And when I want to taste an
apple, I use my tongue to taste.

I use my ears to hear,
I use my ears to hear,
And when I want to hear a bird,
I use my ears to hear.

I use my hands to touch,
I use my hands to touch,
And when I want to touch a cat,
I use my hands to touch.

Source: PoudreLibraries.org

Hear and Feel

Tune: Frere Jacques

Sound is moving; sound is
moving
To my ears, to my ears.
Vibrations make the sound waves
That travel to my eardrums
When I [hum; hmm, hmm, hmm].

Additional Phrases:
whisper: sh, sh, sh
sing: la, la, la
growl: grr, grr, grr
Squeak: eek, eek, eek

Oh, Do You Hear?

Tune: Do You Know the Muffin Man?

Oh, do you hear the duck go
quack, the duck go quack,
the duck go quack? Oh, do you
hear the duck go quack?
That's how he talks to me.

Oh, do you hear the cat go
meow, the cat go meow, the cat
go meow? Oh, do you hear the
cat go meow? That's how she
talks to me.

Additional verses:

Frog...ribbit

Sheep...baa

Pig...oink

Hen...cluck

Dog...woof

Source: PoudreLibraries.org

Art Projects

Texture Sorting

What you need:

Paper

Glue

Scissors

Various textured art supplies
(felt, sandpaper, foil, foam)

Label pieces of paper with
"Smooth," "soft," "squishy," and
"rough" for example and ask
child to sort through the pile of
art supplies and glue on under
the correct label. Or be creative
and make a collage with varying
textures and talk about them
with your child while he/she
creates!

Source: notimeforflashcards.com

Science & Math

Senses Guessing Game

What you need:

4 small plastic containers with
lids
Blindfold (bandannas work great)

4 food items with distinctive
tastes (sugar, salt, lemon, milk,
pretzels, grapes)

Put edible items in containers and
blindfold child. Set a container in
front of child and have her use
her senses to guess what food is
in the container. Talk to your
child about the five senses while
they touch, smell, and taste each
item. You can also repeat this
game by creating touch boxes
with non-edible objects such as
pinecones, rocks, leaves, shells,
etc.

Source: education.com

Early Literacy Take Home:

You can encourage healthy brain
development by helping your
child explore their five senses.
Talk with your child and see,
hear, feel, smell, and listen to
the world around you together!

Questions about this kit?

Email youth services staff

at youth@nols.org or

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www.nols.org