

Take & Make: Squishy Soap – Instructions

Allergen warning: This item contains almond oil. For ages 6+. Adult supervision is recommended. Follow these instructions to make your own squishy soap! You can wash your hands with it and squeeze it to relieve stress. The Centers for Disease Control and Prevention reports that “Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others.” Learn more about the importance of keeping your hands clean and the science behind it by visiting: www.cdc.gov/handwashing

You Will Need

- ¼ cup cornstarch
- 1 ounce of unscented castile liquid soap
- 2 tablespoons of sweet almond oil
- 1 paper container for mixing and storing
- 1 craft stick for stirring

Instructions

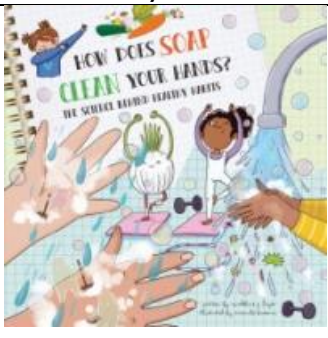
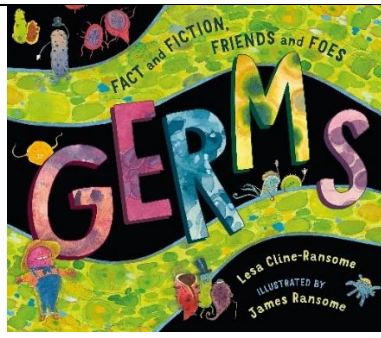
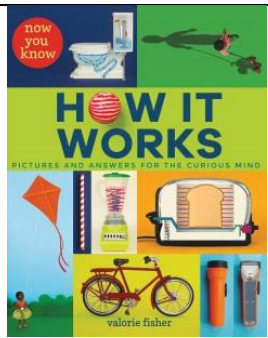
1. Pour the liquid soap and sweet almond oil into the container of cornstarch.
2. Mix the ingredients together until it comes together in a ball.
3. Use your hands to make sure that it’s mixed well.
4. Enjoy playing with your squishy soap!
5. To wash your hands, break off a piece and scrub your hands under warm water for 20 seconds.

Questions & Activities

The CDC recommends scrubbing your hands for at least 20 seconds! You can try humming the “Happy Birthday Song” from start to finish twice. Try humming the tune with a timer and see if you hummed too fast, too slow, or just right.

Make different shapes with your squishy soap! Can you make a creature that lives in the sea?

Are you interested in learning more about hygiene and how soap works? Check out some of these books in the Library’s collection:

<p><i>How Does Soap Clean Your Hands?</i> by Madeline Hayes</p>	<p><i>Germs: Fact and Fiction, Friends and Foes</i> by Lesa Cline-Ransome</p>	<p><i>Now You Know How it Works</i> by Valorie Fisher</p>
		

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