

Discussion Questions – Power Forward

1. What did you think of this book? Did you like it? Why or why not?
2. Do you usually like reading books about sports? Did you like that this book was about basketball? What else is this book about (what are the book's themes)?
3. Zayd is currently on the D league for basketball—what is the name of the team is he trying to make?
4. Zayd lied to his parents so that he could play basketball in the mornings instead of going to violin class. Do you think he could have done something differently?
5. What other language, besides English, does Naano— Zayd's grandmother— speak?
6. Zayd's stomach hurts a lot, and his mom has him keep a food diary to track if he notices foods that make him feel sick. His cousin challenges him to eat a lot so he will grow more. His mother is very interested in eating healthy. Do you have any tips for Zayd about eating well and taking care of his body so that he can keep growing and playing sports?
7. Do you remember some of the foods that the book talks about? Is there anything new in here that you haven't tried but would like to?
8. Do you think it's a good idea that Zayd stopped playing violin to focus on basketball? Why or why not?
9. What are your favorite parts of this book? What parts did you like less?
10. At the end of the book, what does Jamal Mamoo—Zayd's cousin—buy for Zayd for making gold team?