

NEWS RELEASE

North Olympic Library System 2210 South Peabody Street Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: July 26, 2022

Contact: Cheryl Martin, Librarian

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Re: Mandala drawing with NOLS and SilverKite Community Arts

Attached: MandalaArt.jpg

The North Olympic Library System (NOLS) has partnered with SilverKite Community Arts to offer a free mandala drawing workshop on Monday, August 22 at 1:30pm on Zoom. Register at nols.org/mandalas or by calling your local NOLS branch.

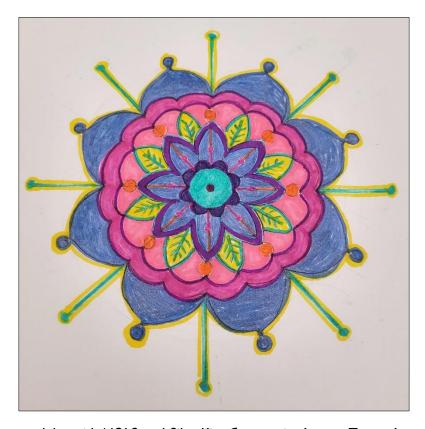
Participants of all ages can explore the ancient art of mandala as they are guided through simple techniques to create their own intricate mandalas. Self-expression through shape and color are encouraged and facilitator Nani Trias will discuss how practicing this art form can add peace and relaxation to daily life.

Some basic drawing supplies are needed for the workshop, including paper, a pencil and eraser, a pen, something to color with such as markers, pencils or crayons, and a ruler, compass or protractor, which can be substituted by an item with a straight edge and something round to trace.

A recording will be available after the event at www.silverkite.us/nols with access code NOLS2022.

SilverKite offers arts programs for older adults, dementia-friendly arts programs, and intergenerational arts experiences open to the public.

This program is generously supported by the Friends of the Library. For additional information on programs and services happening at your library, visit www.nols.org, email Discover@nols.org, or follow North Olympic Library System on Facebook and Instagram.



 $\label{lem:community} \textit{Draw mandalas with NOLS and SilverKite Community Arts on Zoom, August 22}.$