



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

Date: August 18, 2022  
Contact: Meghan Sullivan, Public Services Director  
360.417.8500 x7714 or MSullivan@nols.org  
Re: Intentional Aging: Monthly Discussion Group

The North Olympic Library System (NOLS) offers *Intentional Aging*, a monthly discussion group for adults. This program explores Intentional Aging topics and practices through book discussions, activities, presenters, and more. Meetings are held on Zoom at 11am on the third Tuesday of every month. Attending monthly is encouraged, but all are welcome to join any meeting. Register at [nols.org/intentional-aging](https://nols.org/intentional-aging) or by contacting your NOLS branch, to receive Zoom login information and free resources.

### **September 20: Aging in Place**

Explore what it means to “age in place.” As part of the discussion, a representative from Habitat for Humanity will introduce the repair programs, *Aging in Place* and *Home Preservation*.

This program is generously supported by local Friends of the Library groups. For additional information on programs and services happening at your library, visit [www.nols.org](http://www.nols.org), email [Discover@nols.org](mailto:Discover@nols.org), or follow North Olympic Library System on Facebook and Instagram.

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