



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

Date: September 15, 2023  
Contact: Corrina Desmarais, Older Adult Services Librarian  
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Re: Intentional Aging group discusses Estate Planning, Sept. 19

The North Olympic Library System (NOLS) offers Intentional Aging, a monthly discussion group for anyone who wants to live well while aging. **Meetings are held on Zoom at 11am on the third Tuesday of every month.** Register at [nols.org/intentional-aging](https://nols.org/intentional-aging) or by contacting your NOLS branch.

### **Sept. 19**

#### **Estate Planning Basics**

Elder Law Attorney Suzanne Thompson Winger will describe why estate planning matters and who should have a plan in place. Join the discussion for an overview of the primary steps and considerations for creating an estate plan. Explore how an estate plan can provide clarity for your loved ones and peace of mind for yourself.

#### **Upcoming Topics**

Register once and use the Zoom link to explore a new topic with the Intentional Aging group every month. On Oct. 17, representatives from local organizations will present social opportunities that help build community connections and foster well-being. On Nov. 21, Information and Assistance Specialist Petra Reininger will highlight services provided by Olympic Area Agency on Aging, and share how to plan for long-term care. On Dec. 19, Priya Jayadeve

from Volunteer Hospice of Clallam County will discuss palliative and hospice care, and local options that provide comfort and improve quality of life.

For additional information on programs and services happening at your library, visit [www.nols.org](http://www.nols.org), email [Discover@nols.org](mailto:Discover@nols.org), or follow North Olympic Library System on Facebook and Instagram.

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