

FOR IMMEDIATE RELEASE

Date:	July 12, 2024
Contact:	Corrina Desmarais, Older Adult Services Librarian
	360-683-1161 x2 or <u>CDesmarais@nols.org</u>
Re:	Free Zumba class

The North Olympic Library System (NOLS) is offering free Zumba® classes for adults in Port Angeles and Sequim. Zumba®-certified instructor Teresa Schmid will teach fun dance fitness moves to the rhythms of salsa, merengue, cumbia and other music genres.

Participants should wear comfortable clothing (no jeans) and bring a small towel and water. For footwear, wear clean indoor shoes, wear socks or dance with bare feet. The Port Angeles class is in a carpeted area, so smooth-soled shoes without tread are ideal. No street shoes are allowed in the Sequim location.

Let's Zumba class schedule

- Saturday, July 20, 11 a.m. to noon, Port Angeles Main Library, 2210 S. Peabody St.
- Saturday, July 27, 11 a.m. to noon, The Dance Center by Erica Edwards, 145 E. Washington St., Ste. C, Sequim

About the Summer Reading Program

This event is part of the "Read, Renew, Repeat" Summer Reading Program, happening now through August 24. Sign up for the reading challenge, earn a T-shirt, win prizes, and participate in free events.

For more information about the Summer Reading Program, visit <u>nols.org/srp</u>, call 360-417-8500, or email <u>discover@nols.org</u>. The Summer Reading Program is generously supported by Friends of the Library groups at all four NOLS branches.

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