

PRESS RELEASE North Olympic Library System 2210 South Peabody Street Port Angeles, WA 98362



## FOR IMMEDIATE RELEASE

Date:	November 12, 2024
Contact:	Corrina Desmarais, Older Adult Services Librarian
	360-683-1161 x2 or <u>CDesmarais@nols.org</u>
Re:	Aging Well Speaker Series: Dementia Care Support Resources

The North Olympic Library System (NOLS) offers the Aging Well Speaker Series, a quarterly program featuring topics for those who want to live well while aging. Join the Zoom meeting at 11 a.m. to 12:30 p.m. on Tuesday, Nov. 19, to learn about programs available to support families and caregivers of people living with dementia.

Bri Buchanan, Dementia Outreach Development Coordinator for <u>Olympic Area Agency on</u> <u>Aging</u>, will provide an overview of dementia support options, such as Dealing with Dementia workshops, Dementia Friends informational sessions, SHARE for Dementia, STAR-C, and more.

Registration is optional. Register by Nov. 17 to receive an email reminder with the Zoom link, or join the meeting live using the Zoom link provided at <u>NOLS.org/aging-well</u>. A recording will be available after the program.

This program is supported in part by local Friends of the Library groups. For additional information on programs and services happening at your library, visit <u>NOLS.org</u>, email <u>discover@nols.org</u>, or call 360-417-8500.

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