



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

**FOR IMMEDIATE RELEASE**

Date: September 8, 2011  
Contact: Lauren Corder, Librarian  
360.417.8513 or [lcorder@nols.org](mailto:lcorder@nols.org)  
Re: Jan Thatcher Adams, Author of *Football Wife: Coming of Age with the NFL as Mrs. Karl Kassulke* to speak at the Port Angeles Library

Author Jan Adams, M.D., will discuss her book, *Football Wife: Coming of Age with the NFL as Mrs. Karl Kassulke* at the Port Angeles Main Library on Tuesday, September 20 at 7:00 pm.

In her book, Dr. Adams details her life as the wife of Minnesota Vikings football player Karl Kassulke and addresses the issues of alcoholism, co-dependency, drug abuse, and the effects of Chronic Traumatic Encephalopathy (multiple concussions) that surrounded professional football during those years. "There are an estimated 3 million sports-related concussions a year--and that figure just includes the revealed concussions. Many athletes hide them so as not to be benched. As [Karl's] concussions piled up, this good man began to do bad things, with consequences for his family."

Dr. Adams is retired after 27 years of family practice and 10 years working in Allina Urgent Care in the Minneapolis area. She spent eight years traveling with Dr. Patch Adams (the famous "clown doctor") to Russia, Bosnia, Sarajevo and Macedonia bringing smiles and joy to hospitals, orphanages, nursing homes and refugee camps.

This program is free and open to the public, and no reservations are required. The Port Angeles Library is located at 2210 S Peabody Street. For more information about this and other programs go to [www.nols.org](http://www.nols.org) and click on "Events" or contact the library at: 360-417-8500, or [PAprograms@nols.org](mailto:PAprograms@nols.org).

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