



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

**FOR IMMEDIATE RELEASE**

**Date:** May 5, 2014  
**Contact:** Patrick Driggers, Customer Service Specialist II, North Olympic Library System  
360.417.8500 or pdriggers@nols.org  
**Re:** Bike Maintenance Class at Port Angeles Main Library

On Wednesday, May 21, at 6pm, the North Olympic Library System's Port Angeles Library will present a bike maintenance class for all ages as the latest program in its 2104 *Get Moving!* series. In recognition of National Bike Month, Tom Michowski, owner of the *Bike Garage*, will provide basic bike maintenance and repair tips to help you get your bike ready for the summer months. On-the-road repairs, such as fixing a flat and adjusting your brakes, will be demonstrated, and plenty of time will be allowed for Q&A. Attendees are encouraged to ride their bikes to the library but no bikes inside, please; personal bikes cannot be worked on during this class.

The *Bike Garage* is located in Port Angeles at 403 South Lincoln Street. Owner Tom Michowski has over thirty years of long-distance bike racing experience, as well as over five years in the professional bike maintenance industry. The *Bike Garage* is a bicycle dealer and full service shop that can service any bike make or model.

Throughout 2014, the Port Angeles Main Library will offer monthly events as part of the *Get Moving!* program series. These fun, no-stress, cost free, sampler classes will provide opportunities for healthy living novices, and initiates, to explore new fitness activities. Yoga, non-impact aerobics, hiking, and contra dancing are on the menu. Throughout May the Library is also working with Olympic National Park to present *Poetry Walks*, an ongoing event that places poems on signs along three trails within the Park.

Whatever your healthy living interests, the North Olympic Library System collection has something for you. Plan a hike, prepare for a wilderness excursion, design a fitness routine that meets your individual needs, learn new techniques, change your diet, or just 'stretch' your mind by reading! To find these and other materials on healthy living, visit [www.nols.org](http://www.nols.org) or ask library staff for assistance.

All *Get Moving!* events are offered free of charge with the generous support of the Port Angeles Friends of the Library. The Port Angeles Main Library is located at 2210 South Peabody Street. For more information on this class, May's Poetry Walks in Olympic National Park, and other events, go to [www.nols.org](http://www.nols.org) and click on "Events" and "Port Angeles" or call 360.417.8500.

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