



NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: June 16, 2016
Contact: Danielle Gayman, Librarian, Port Angeles Main Library
360.417.8500; Dgayman@nols.org
Re: Brain Health & Memory at the Port Angeles Main Library

Discover new ways to boost your brain's health at 6:30pm on Thursday, June 30 at the Port Angeles Main Library. Clinical Neuropsychologist Kris Rhoads will discuss natural ways to exercise your brain and enhance your memory during this engaging presentation that is part of the 2016 Adult Summer Reading Program at the North Olympic Library System (NOLS).

About Dr. Rhoads

Kristoffer Rhoads is a clinical neuropsychologist specializing in the evaluation and treatment of dementia and neurodegenerative disorders. He currently serves as the primary neuropsychologist for the University of Washington Memory and Brain Wellness Center and is an associate professor in the Department of Neurology. Dr. Rhoads also serves on the Board of Directors of the Washington Chapter of the Alzheimer's Association, and was appointed Chair of the Health/Medical Care Subcommittee for the Washington State Working Group to develop and implement the state plan for Alzheimer's disease.

The 2016 Adult Summer Reading Program

Designed for adults ages 18 and older, the 2016 Adult Summer Reading Program will take place between June 20 and August 20. Participating is easy: simply visit any NOLS library to pick up your Reading Log (and some books!). For every complete book you read, you will receive one entry in a marvelous Grand Prize drawing; the more you read, the better your chances of

winning! To keep readers motivated, NOLS will be hosting events and activities throughout the summer.

For more information about this and other upcoming programs at your library, visit www.nols.org and select “Events,” call the library at 360.417.8500, or send an email to Discover@nols.org. The Port Angeles Main Library is located at 2210 South Peabody Street in Port Angeles. This event is generously supported by the Port Angeles Friends of the Library.



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