



NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: July 1, 2016
Contact: Jennifer Knight, Youth Services Librarian, Port Angeles Main Library
360.417.8500 ext. 7705; youth@nols.org
Re: Yoga Storytime at the Port Angeles Main Library

Breathe, stretch, play, and sing at a yoga-themed storytime with Jenny Houston of Poser Yoga at 10:30am on Thursday, July 14, at the Port Angeles Main Library! Participants ages 3-5 will enjoy stories, learn rhymes, and stretch their imaginations during this interactive storytime, part of the annual summer reading program at the North Olympic Library System (NOLS). This program is one in a series of sports- and fitness-related storytimes taking place Thursdays in July at the Port Angeles Main Library.

About Jenny Houston

Poser Yoga owner Jenny Houston comes from a professional dance background and is a certified yoga instructor. Her yoga studio is located in downtown Port Angeles. "Yoga truly is for every body, and Poser Yoga is committed to offering something special for everyone," Houston said. Join Jenny as she shares her passion for yoga during this fun, free event.

About the 2016 Summer Reading Program

The 2016 Summer Reading Program continues through Saturday, August 20, and provides an array of events and an incentive-based reading challenges to encourage children to continue reading throughout the summer. To learn more about the program and other events for young people, visit www.nols.org, call the Port Angeles Main Library at 360.417.8500 x 7705, or send an email to youth@nols.org. The Port Angeles Main Library is located at 2210 South Peabody Street.

The 2016 Summer Reading Program is generously supported by Friends of the Library groups in Port Angeles, Sequim, Forks, and Clallam Bay.

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