



NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: July 13, 2016
Contact: Jennifer Lu'Becke, Youth Services Specialist
360.417.8500 ext. 7705; youth@nols.org
Re: Phoenix Dragon Martial Arts Returns for Summer Reading 2016

Learn basic marital arts moves and watch an exciting live demonstration from Phoenix Dragon Martial Arts studio this July and August during the annual summer reading program for young people at the North Olympic Library System (NOLS)! The first demonstration will take place at 10:30am on Wednesday, July 20, at the Forks Branch Library; followed by additional programs at 10:30am on Saturday, July 30, at the Port Angeles Main Library, and at 10:30am on Tuesday, August 9, at the Sequim Branch Library. Strengthen your body and mind during these not-to-be missed, family-friendly performances!

About Phoenix Dragon Martial Arts

Phoenix Dragon Martial Arts is a family business established in 2010 in Port Angeles. It is run by David and Meghan Ventura, and daughter Ella. Together, they teach Jun Sa Hap-Ki-Do, a Korean style combat art that literally means "the way of coordinated power." This self-defense martial art applies to both long- and close-range techniques for disabling an attacker. "Hap-Ki-Do emphasizes circular motion, non-resisting movements, and stresses control of one's self as well as the attacker," Meghan said.

Additional information

For more information about how to participate in the 2016 Summer Reading Program, visit www.nols.org, contact the Port Angeles Main Library at 360.417.8500 x 7705, or send an email to youth@nols.org. The Forks Branch Library is located at 171 South Forks Avenue in Forks. The Port Angeles Main Library is located at 2210 South Peabody Street in Port Angeles. The

Sequim Branch Library is located at 630 North Sequim Avenue in Sequim. In the event of rain, Sequim Branch Library programs will take place in the Sequim Middle School cafeteria, located at 301 West Hendrickson Road in Sequim. Summer reading programs and events are generously supported by Friends of the Library groups at all four NOLS libraries.



Phoenix Dragon Martial Arts studio will offer family-friendly demonstrations in Forks, Port Angeles, and Sequim this July and August during the North Olympic Library System's annual summer reading program. (Courtesy photo)

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