



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

**Date:** July 27, 2016  
**Contact:** Jennifer Lu'Becke, Youth Services Specialist, Port Angeles Main Library  
360.417.8500 ext. 7705; [youth@nols.org](mailto:youth@nols.org)  
**Re:** Phoenix Dragon Martial Arts Returns for Summer Reading 2016

Learn basic marital arts moves and watch an exciting live demonstration from Phoenix Dragon Martial Arts studio at 10:30am on Tuesday, August 9 at the Sequim Branch Library. Strengthen your body and mind during this fun and interactive experience, part of the annual summer reading program for young people at the North Olympic Library System (NOLS)!

### **About Phoenix Dragon Martial Arts**

Phoenix Dragon Martial Arts is a family business established in 2010 in Port Angeles. It is run by David and Meghan Ventura, and daughter Ella. Together, they teach Jun Sa Hap-Ki-Do, a Korean style combat art that literally means "the way of coordinated power." This self-defense martial art applies to both long- and close-range techniques for disabling an attacker. "Hap-Ki-Do emphasizes circular motion, non-resisting movements, and stresses control of one's self as well as the attacker," Meghan said.

### **Additional information**

For more information about how to participate in the 2016 Summer Reading Program, visit [www.nols.org](http://www.nols.org), contact the Port Angeles Main Library at 360.417.8500 x 7705, or send an email to [youth@nols.org](mailto:youth@nols.org). The Sequim Branch Library is located at 630 North Sequim Avenue in Sequim. In the event of rain, Sequim Branch Library programs will take place in the Sequim Middle School cafeteria, located at 301 West Hendrickson Road in Sequim. Summer reading programs and events are generously supported by Friends of the Library groups at all four NOLS libraries.



Phoenix Dragon Martial Arts studio will offer an interactive, family-friendly demonstration on Tuesday, August 9 at the Sequim Branch Library. (Courtesy photo)

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