



NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: September 14, 2017
Contact: Erin Shield, Technical Services Manager
360.417.8500, x7724 or eshield@nols.org
Re: Get fit with NOLS and the Port Angeles YMCA!
Attached: *Exercise Class.jpg*

Lift weights, try a Zumba class, or shoot some hoops! The North Olympic Library System (NOLS) has partnered with the YMCA in Port Angeles to make a free pass available for checkout beginning September 18. A NOLS YMCA pass offers library card holders a free, fun and easy way exercise.

Borrowers can try one of the many exercise classes offered at Y, including yoga, cycling, body sculpting or Tai Chi. The Y also offers classes catering specifically to active older adults. Racquetball and basketball courts are available plus an extensive array of exercise equipment in the gym. The NOLS YMCA pass is good for entry to the Port Angeles facility for one week; it cannot be used at the Sequim facility.

Reserving a Pass & Additional information

To place a hold, visit www.nols.org and use the online catalog to search for "YMCA pass." Hold requests can also be made by calling the library or visiting any of the four NOLS. Borrowers will need to provide valid ID at the YMCA and clear a background check prior to using their facility.

The Y pass has been generously donated by the Olympic Peninsula YMCA. For more information about the Y, including hours of operation and class schedules, visit www.olympicpeninsulaymca.com or follow the Y on Facebook.

For additional information about NOLS passes and other nontraditional items available for check out from the library, contact Erin Shield 360.417.8500 x7724 or send an email to Discover@nols.org.

For exercise resources, including DVDs, books and guides, visit the library website at www.nols.org or your nearest neighborhood library. The Port Angeles Main Library is located at 2210 South Peabody Street.



Port Angeles YMCA passes now available at NOLS

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