



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

**Date:** October 3, 2018  
**Contact:** Theresa Tetreau, West End Library Manager  
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**Re:** Advance Care Planning: Making Future Health Care Choices

What type of health care would you want if you were unable to tell your health care providers yourself? Planning ahead is an important step in making sure your wishes are honored.

Trained representatives from Olympic Medical Center will discuss future and end-of-life health care choices at library programs at all four branches of the North Olympic Library System (NOLS). The first session will happen at the Sequim Branch Library on Thursday, October 18 at 1pm. Another session will take place at the Clallam Bay Branch Library on Friday, October 19 at 1pm, followed by programs on Saturday, October 20 at the Port Angeles Main Library at 11am and at the Forks Branch Library at 4pm.

These Advance Care Planning programs are the beginning of a process to help you understand possible future health care choices and make a plan that you can share with your loved ones before a crisis occurs. Information will be provided about advance care planning documents including Durable Power of Attorney for Health Care, Health Care Directives and Physician Order for Life Sustaining Treatment. A question and answer period will follow each of the 60-minute presentations.

Additional resources about advance care planning can be found on the website of Honoring Choices Pacific Northwest at [www.honoringchoicespnw.org/](http://www.honoringchoicespnw.org/). For information about Olympic Medical Center visit [www.olympicmedical.org](http://www.olympicmedical.org).

For more information about this and other events happening at your Library, visit [www.nols.org](http://www.nols.org) or email [Discover@nols.org](mailto:Discover@nols.org). The Clallam Bay Branch Library is located at 16990 Highway 112 in Clallam Bay. The Forks Branch Library is located at 171 Forks Avenue South. The Port Angeles Main Library is located at 2210 South Peabody Street. The Sequim Branch Library is located at 630 North Sequim Avenue.

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