



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

Date: April 4, 2019  
Contact: Leslie Briggance, Library Services Specialist  
360.417.8500; LBriggance@nols.org  
Re: Humanities Washington Speaker to Present “Poetic Apothecary”.  
Attached: *HW-Logo.jpg, Adams.jpg*

Humanities Washington Speaker, poet, and performer Judith Adams explores poetry’s restorative powers by reciting and exploring poems that help us understand grief, fear, sadness, loss, and much more. Adams will present *The Poetic Apothecary: Poems for Healing and Comfort* at the Forks Branch Library on Friday, April 19 at 6pm and again at the Sequim Branch Library on Saturday, April 20 at 1pm.

Judith Adams shares her love of poetry with her audience and encourages audience members to participate as well. Adams invites the audience to share poems that have deeply touched their lives and discusses how writing poetry can be a potent medicine for us all.

### **About the Speaker**

Judith Adams is an English-born poet who has lived in the United States since 1976. Adams has published four books of poetry, conducted poetry workshops, recorded several albums of her work, and published her poems in magazines and anthologies. Adams has held readings at the Seattle Cancer Care Alliance, the Frye Art Museum, and Third Place Books.

### **About Humanities Washington**

Humanities Washington sparks conversation and critical thinking using story as a catalyst, nurturing thoughtful and engaged communities across the state. Speakers Bureau is one of Humanities Washington's oldest and most popular programs. A roster of 31 cultural experts and scholars provides low-cost, high-quality public presentations across the state, encouraging audiences to think, learn and engage in conversation. For more about Speakers Bureau, visit [www.humanities.org/programs/speakers](http://www.humanities.org/programs/speakers).

### **More Information**

This program is generously funded by Humanities Washington, Friends of Sequim Library and Friends of the Forks Library.

For additional information about this program, visit [www.nols.org](http://www.nols.org) and select "Events," call 360.417.8500, or send an email to [discover@nols.org](mailto:discover@nols.org). The Forks Branch Library is located at 171 Forks Avenue South. The Sequim Branch Library is located at 630 North Sequim Avenue.



*"The Poetic Apothecary: Poems for Healing and Comfort" will be presented at the Sequim and Forks Libraries.*

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