

NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: April 8, 2019
Contact: Tasha Fitzgerald, Customer Service Specialist
360.417.8500; TFitzgerald@nols.org
Re: Book discussion of *Into the Magic Shop* by James R. Doty
at the Port Angeles Main Library
Attached: *Into the Magic Shop.jpg*

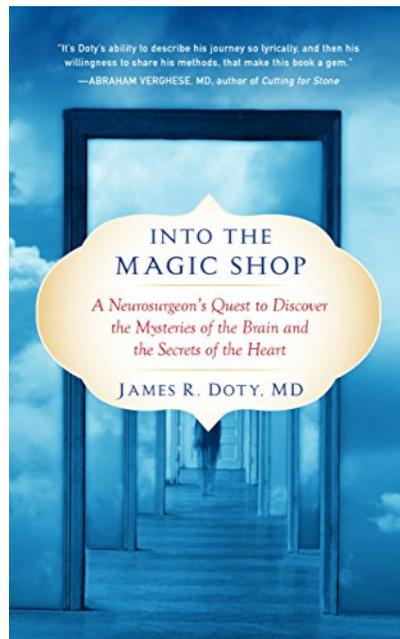
The Wednesday Evening Book Discussion Group meets at the Port Angeles Main Library of the North Olympic Library System (NOLS) every fourth Wednesday of the month at 6:30pm. On Wednesday, April 24, the group will discuss *Into the Magic Shop* by James R. Doty.

With an alcoholic father and a depressed mother, Doty's life was at a dead end when, he wandered into a magic shop looking for a plastic thumb. Instead, he met Ruth, who taught him a series of exercises to ease his own suffering and manifest his greatest desires. She gave him his first glimpse of the unique relationship between the brain and the heart. Part memoir, part science, part inspiration, and part practical instruction, Doty shows us how we can fundamentally change our lives by first changing our brains and our hearts.

Copies of this title are available in various formats including regular print, large print, and downloadable eBook, which may be requested online by visiting the library catalog at www.nols.org. A limited number of copies of each book discussion selection are available at the Library the month prior to each meeting.

To participate, simply read the book and attend the discussion; drop-ins are always welcome. For a complete list of 2019 Book Discussion Group selections, visit www.nols.org/book-discussion-groups. This program is generously supported by the Port Angeles Friends of the Library.

The Port Angeles Main Library is located at 2210 South Peabody Street in Port Angeles. For more information about book discussion groups at your library, visit www.nols.org, call 360.417.8500, or email discover@nols.org.



"Into the Magic Shop" by James R. Doty will be discussed at 6:30pm on Wednesday, April 24 at the Port Angeles Main Library.

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