

**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

**Date:** June 10, 2019  
**Contact:** Emily Sly, Library Manager  
360.683.1161x7765; [ESly@nols.org](mailto:ESly@nols.org)  
**Re:** Book discussion of *Into the Magic Shop* by James R. Doty  
at the Sequim Branch Library  
**Attached:** *Into the Magic Shop.jpg*

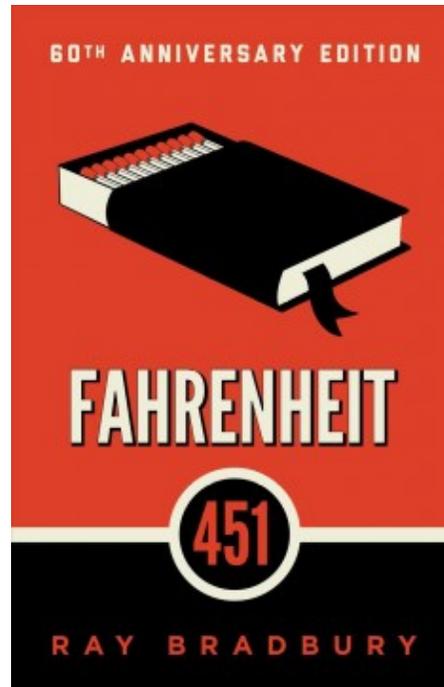
The Novel Conversations Book Discussion Group will meet at the Sequim Branch Library of the North Olympic Library System (NOLS) on Wednesday, June 26 at 4pm to discuss *Into the Magic Shop* by James R. Doty.

With an alcoholic father and a depressed mother, Doty's life was at a dead end when, he wandered into a magic shop looking for a plastic thumb. Instead, he met Ruth, who taught him a series of exercises to ease his own suffering and manifest his greatest desires. She gave him his first glimpse of the unique relationship between the brain and the heart. Part memoir, part science, part inspiration, and part practical instruction, Doty shows us how we can fundamentally change our lives by first changing our brains and our hearts.

Copies this title are available in various formats including regular print, large print, audiobook, and downloadable eBook, which may be requested online by visiting the library catalog at [www.nols.org](http://www.nols.org). A limited number of copies of each book discussion selection are available at the Library the month prior to each meeting. To view a complete list of 2019 Book Discussion Group selections, visit [www.nols.org/book-discussion-groups](http://www.nols.org/book-discussion-groups).

To participate, simply read the book and attend the discussion; no reservations are needed, and drop-ins are always welcome. This program is generously supported by the Friends of the Sequim Library.

The Sequim Branch Library is located at 630 North Sequim Avenue. For more information about this and other programs for readers and book lovers, visit [www.nols.org](http://www.nols.org), email [Discover@nols.org](mailto:Discover@nols.org), or call 360.683.1161.



*“Into the Magic Shop” by James R. Doty will be discussed at 4pm on Wednesday, June 26 at the Sequim Branch Library.*

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