



**NEWS RELEASE**  
**North Olympic Library System**  
**2210 South Peabody Street**  
**Port Angeles, WA 98362**

## **FOR IMMEDIATE RELEASE**

Date: October 28, 2019  
Contact: Jay Averill, Customer Services Specialist  
360.417.8500; JAverill@nols.org  
Re: Book discussion of *Into the Magic Shop* by James R. Doty  
at the Port Angeles Main Library  
Attached: *Magic Shop.jpg*

The Second Tuesday Book Discussion Group meets at the Port Angeles Main Library of the North Olympic Library System (NOLS) every second Tuesday of the month at 11am. On Tuesday, November 12, the group will discuss *Into the Magic Shop* by James R. Doty.

With an alcoholic father and a depressed mother, Doty's life was at a dead end when he wandered into a magic shop looking for a plastic thumb. Instead, he met Ruth, who taught him a series of exercises to ease his own suffering and manifest his greatest desires. She gave him his first glimpse of the unique relationship between the brain and the heart. Part memoir, part science, part inspiration, and part practical instruction, Doty shows us how we can fundamentally change our lives by first changing our brains and our hearts.

Copies of this title are available in various formats including regular print, large print, audiobook on CD, and downloadable eBook, which may be requested online by visiting the library catalog at [www.nols.org](http://www.nols.org). A limited number of copies of each book discussion selection are available at the Library the month prior to each meeting.

To participate, simply read the book and attend the discussion; no reservations are needed, and drop-ins are always welcome. This program is generously supported by the Port Angeles Friends of the Library.

The Port Angeles Main Library is located at 2210 South Peabody Street in Port Angeles. For more information about book discussion groups at your library, visit [www.nols.org](http://www.nols.org), call 360.417.8500, or email [discover@nols.org](mailto:discover@nols.org).



*“Into the Magic Shop” by James R. Doty will be discussed on Tuesday, November 12 at 11 am, at the Port Angeles Main Library.*

###