

NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

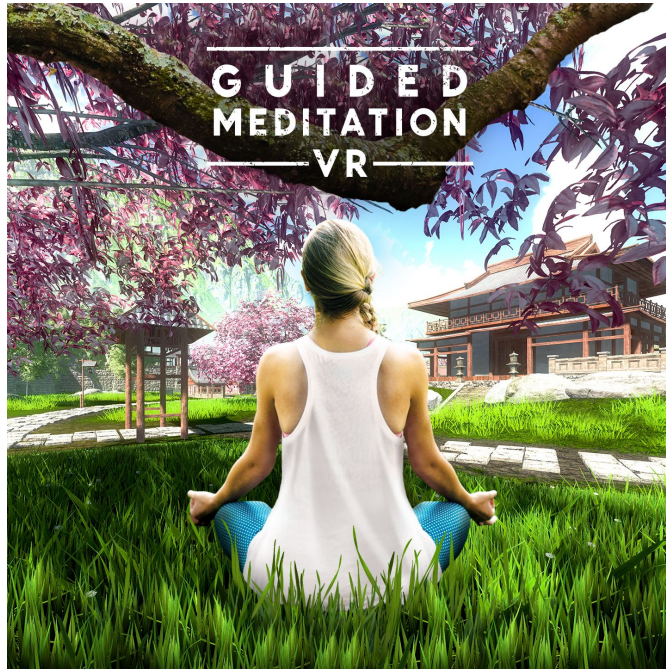
Date: February 13, 2020
Contact: Cheryl Martin, Library Services Specialist
360.417.8500 x7739; cmartin@nols.org
Re: Meditation Virtual Reality at the Forks Branch Library
Attached: *Guided Meditation VR.jpg, oculus logo.png, WSL logo.png*

Enjoy a guided meditation with virtual reality (VR) at the Forks Branch Library of the North Olympic Library System (NOLS) on Friday, March 13 from 2pm-4pm. Adults and teens 13 and older can experience immersive and interactive 360° video using Oculus Rift and Go headsets. Guided meditation and relaxation sessions will last about 15-20 minutes per user and are on a first come, first-served basis with a waiting list if needed.

Using VR has potential safety concerns; participants must be 13 years or older (no exceptions). Adult participants must sign a release waiver, and participants aged 13 to 17 must have a parent signed release waiver. Waiver forms are available to pick up in advance at the library, or at www.nols.org/virtual-reality.

VR programming is part of a partnership with the Washington State Library, Oculus, and the University of Washington Information School to bring educational opportunities to library communities around the state. Additional funding for this program comes from the Friends of the Library groups.

For more information about this and other events happening at your Library, visit www.nols.org or email Discover@nols.org. The Forks Branch Library is located at 171 Forks Avenue South.



Guided meditation VR at the Forks Branch Library



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