



NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: November 2, 2020
Contact: Emily Sly, Library Manager
360.683.1161x7765 or ESly@nols.org
Re: Advance Care Planning: Making Future Health Care Choices
Attachments: *OMC_Main_Logo.jpg, HonoringChoices_CLR.jpg*

The North Olympic Library System (NOLS) will present *Advance Care Planning* discussions through Zoom in November. Olympic Medical Center staff will discuss future and end-of-life health care choices and help you to start making a plan. Programs will be held Tuesday, November 17 at 3pm, Wednesday, November 18 at 6:30pm, and Saturday, November 21 at 1pm. Registration is required to receive Zoom meeting info; register through the NOLS website, or by calling your NOLS branch.

A health crisis can happen unexpectedly at any age. What type of medical interventions would you want, if you were unable to speak for yourself? Whether you are just starting a family, are a single adult, or are a retiree, having a plan in place is important for you and your loved ones.

A question and answer period will follow each presentation. Advance care planning documents may be downloaded at www.nols.org/advance-care-planning, and are also available for pickup during curbside hours at all NOLS branches. Documents include Durable Power of Attorney for Health Care, Physician Order for Life Sustaining Treatment (POLST), and Health Care Directive. Additional resources about advance care planning can be found through Honoring Choices Pacific Northwest at www.honoringchoicespnw.org.

For more information about this or other library programs, visit www.nols.org, call 360.417.8500, or email Discover@nols.org.



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Advance Care Planning: Making Future Health Care Choices Presented by NOLS and OMC

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