



NEWS RELEASE
North Olympic Library System
2210 South Peabody Street
Port Angeles, WA 98362

FOR IMMEDIATE RELEASE

Date: June 7, 2022
Contact: Cheryl Martin, Librarian
360.417.8500 x7752 or CMartin@nols.org
Re: Intentional Aging: Monthly Discussion Group
Attached: *IntentionalAgingLogo.png, SmashedFlowerArt.jpg*

The North Olympic Library System (NOLS) offers *Intentional Aging*, a monthly discussion group for adults. This program explores Intentional Aging topics and practices through book discussions, activities, presenters, and more. Meetings are held on Zoom at 11am on the Third Tuesday of every month. Attending monthly is encouraged, but all are welcome to join any meeting. Register at nols.org or by contacting your NOLS branch, to receive Zoom login information and free resources.

June 21: Importance of Community

Community provides us with support, purpose, and a sense of belonging. Engage in a lively group discussion and learn about opportunities to volunteer locally.

July 19: Creativity and Learning

Engage in conversation about the value of creativity and lifelong learning. Registered participants can receive a free kit for creating a Smashed Flower Art bookmark and notecard during this online session.

This program is generously supported by local Friends of the Library Groups. For additional information on programs and services happening at your library, visit www.nols.org, email Discover@nols.org, or follow North Olympic Library System on Facebook and Instagram.



Intentional Aging series is held monthly on Zoom. Participants receive a Smashed Flower Art kit and discuss creativity on July 19.

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